



DISCOVER

THE POWER OF WELLBEING

SM

WHILE YOU ARE LEADING UNDER PRESSURE®:

Strategies to Maximize Peak Performance &
Productivity while Maximizing Health & Wellbeing©

"Millions around the world are thinking, planning, and scheming about how to stretch a 24-hour day into an endless and productive workday. Many face the daily quandary of finding new ways to thrive in order to achieve higher goals, with increased competition, progressively limited resources, and the same manpower. Burnt-out, energy-depleted, or constantly stressed, many find themselves unable to take pleasure in their hard-earned position..."

Leading under Pressure® will assist you in:

- * Identifying your situation in the Wellbeing & Stress Continuum
- * Identifying your Pressure Points to lead more effectively in times of change
- * Implementing effective strategies to maximize Peak Performance and Productivity while maximizing Health and Wellbeing

Corporate Consulting – Executive Coaching – Seminars & Keynotes

DR. GABRIELA CORÁ is President of The Executive Health & Wealth Institute®, Inc., an international consulting firm based in Miami, Florida. Her extensive expertise in assisting executives, entrepreneurs, and road warriors inspired her to create Leading under Pressure®, Managing Work in Life™, and Quantum Wellbeing™. Her energized enthusiasm, strategic focus, and innovative style are qualities in action as a corporate consultant, executive coach, and expert speaker, making her a key collaborator of Fortune 500 companies and international organizations. Dr. Corá is a medical doctor, certified mediator, and has a master's in business administration.

For more information, contact us:
MIAMI 305-762-7632 TOLL FREE 1-866-762-7632
www.ExecutiveHealthWealth.com

